With Dr. Rath's Phytobiologicals™ Royal Complex we introduce a Reconstructive Formula combining different groups of substances, thus forming a versatile complex.

Royal jelly is a special juicy food which is used by honeybees to raise their queens. Royal jelly is particularly rich in proteins, B-vitamins and trace elements. Coconut oil is characterized by its high proportion of medium-chain fatty acids (MCTs). These are usually easy to digest and can be metabolized directly in the liver, thus releasing bioenergy.

In addition, Dr. Rath's Phytobiologicals™ Royal Complex contains a selection of plant materials. Plants form these very complex compounds to protect themselves against, for example, bacteria, herbivores or other harmful influences.

The compounds in this formula include luteolin from the flowers of the Japanese Pagoda Tree (Sophora japonica). This tree can be found in places that have intense light, where it grows in nutrient-rich soils and traditionally enjoys a high reputation.

Rosemary, another ingredient in Dr. Rath’s Phytobiologicals™ Royal Complex, is also known as a culinary spice and contains many essential oils, tanning agents and bitter substances. Seaweed is included as a suitable source of organic iodine. Iodine is one of the trace elements that supports the metabolism.

To round off the ingredients in Dr. Rath’s Phytobiologicals™ Royal Complex, skullcap from the labiate family is included.

Dr. Rath’s Phytobiologicals™ Royal Complex is a Reconstructive Formula in the Dr. Rath Cellular Nutrient Programme. It expands our range of phytobiologicals with a selected combination of biologically active plant substances and royal jelly, the juice of the queen bee.
Contents of one capsule:

Royal Jelly ................................................................. 83.33 mg
Skullcap Extract ...................................................... 100 mg
Rosemary Extract .................................................... 75 mg
Luteolin ................................................................. 12.5 mg
(from the Buds of the Japanese Pagoda Tree)
Medium-chain Triglyceride from Coconut Oil ............ 133.3 mg
Iodine ................................................................. 50.33 µg
(from Seaweed)

Recommended allowance:
Adults: 2 capsules three times a day, at mealtimes with plenty of liquid (water, juice, tea)

Presentation: 180 plant capsules* per jar
Order No.: 035

* Capsule shell consists of hypromellose. Suitable for vegetarians.