



# Vitacor Plus™ & Vitacor Plus™ Drink

## Basic Formula for supplementing the daily diet — from adolescence to old age

### **Vitacor Plus™: A fundamental basic supply of selected micronutrients for promoting physical and mental performance**

Micronutrients are of fundamental importance for the metabolism of our cells. They have countless tasks and functions. Among these, for example, they function as catalysts in energy metabolism, strengthen the immune system function, participate in anabolic and catabolic processes, in supporting cell growth, and help protect the cells from oxidative stress. A regular supply of cellular nutrients is required so that our cells can perform their manifold tasks.

Vitacor Plus™ contains a selection of more than 30 cellular nutrients. These nutrients support the cells of our bodies in their daily metabolic

functions. Vitacor Plus™ thus makes a valuable contribution as a dietary supplement to the basic nutrient supply of our bodies for the protection and natural support of our cells. The ingredients in Vitacor Plus™ have been carefully combined in accordance with the scientific principles of synergy. To supplement Vitacor Plus™, we recommend Dr. Rath's Phytobiologicals™ Basic Formula for an additional supply of selected biologically active plant substances.

Vitacor Plus™ is the Basic Formula in the Dr. Rath Cellular Nutrient Programme.

The ingredients in Vitacor Plus™ support cellular metabolism in many ways simultaneously, e.g.:

- As a contribution to protecting the cells against oxidative stress, with vitamin E, vitamin C, vitamin B2, zinc and selenium
- To support normal energy metabolism with the contribution of providing the B vitamins (vitamins B1, B2, B3, B5, B6, B12 and biotin), magnesium and vitamin C
- As a contribution to supporting the normal function of the immune system, with the assistance of folic acid, vitamin A (beta-carotene), vitamin D, vitamin C, selenium and copper
- To assist in collagen formation with vitamin C, for thereby supporting the normal function of blood vessels, bones and cartilage, gums, teeth and skin
- As a contribution to the normal functioning of the nervous system, supported by vitamins B1, B2, B3, B6 and B12

## Contents of one tablet/ one measuring spoon:

Vitamin C obtained from:		
Ascorbic acid .....	76.7	mg
Ascorbyl palmitate .....	56.7	mg
Calcium ascorbate .....	33.3	mg
Magnesium ascorbate .....	33.3	mg
Vitamin E .....	29.1	mg
<i>(D-alpha-tocopherol)</i>		
Vitamin A .....	158.4	µgRE
<i>(Beta carotene)</i>		
Vitamin B1 .....	2.3	mg
Vitamin B2 .....	2.3	mg
Vitamin B3 .....	15.0	mg
Vitamin B5 .....	13.3	mg
Vitamin B6 .....	3.3	mg
Vitamin B12 .....	6.7	µg
Vitamin D3 .....	1.1	µg
Folic acid .....	30.0	µg
Biotin .....	21.7	µg
L-proline .....	36.7	mg
L-lysine .....	36.7	mg
L-carnitine .....	11.7	mg
L-arginine .....	13.3	mg
L-cysteine .....	11.7	mg
Calcium .....	18.3	mg
Magnesium .....	12.7	mg
Potassium .....	6.7	mg
Zinc .....	2.3	mg
Manganese .....	433.3	µg
Copper .....	110.0	µg
Selenium .....	6.7	µg
Chromium .....	3.3	µg
Molybdenum .....	1.3	µg
Inositol .....	11.7	mg
Coenzyme Q10 .....	2.3	mg
Phosphorus .....	5.0	mg
Pycnogenol .....	2.3	mg
Citrus bioflavonoids .....	33.3	mg
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Additional natural vitamin E .....	2.58	mg
<i>(Beta-, gamma- and delta-tocopherol)</i>		
Additional natural carotenoids .....	22.83	µg
<i>(Alpha-carotene, lutein, zeaxanthin and cryptoxanthin)</i>		

### Recommended allowance Vitacor Plus™:

Adults: 1 tablet 3 times a day. Take at mealtimes with plenty of liquid (water, juice, tea).

Presentation: 90 tablets per jar | Order No.: 001

### Recommended allowance Vitacor Plus™ Drink:

Adults: 1 measuring spoonful 3 times a day at mealtimes with plenty of liquid (juice, tea). | Order No.: 033

Presentation: 243g powder per jar

## Basic Formula

Vitacor Plus™ is the Basic Formula in the Dr. Rath Cellular Nutrients Programme. It combines more than 30 cellular nutrients and creates an important basis for an additional supply to the cells.



with lemon flavour

